

2010 Statesville Rotary Triathlon

Race Information

Race Start Time: 8:00AM

PacketPickup

Friday (5/14): 4:00 PM – 7:00 PM at Wesley United Methodist Church (Across the Street from the YMCA)

Saturday (5/15) 6:00AM -7:30 AM at Wesley United Methodist Church (Across the Street from the YMCA)

Photo ID will be required in order to get your Race Packet. NO PHOTO ID, NO RACE
All participants (including all relay teams members) must pick up their own race packets.

USAT members must present their membership card to receive their packet

Parking

Parking will be available throughout the YMCA parking lots and surrounding neighborhood streets. PLEASE DO NOT BLOCK DRIVEWAYS. You will be allowed to leave after the last cyclist has made it off the bike and onto the run course.

BodyMarking

Body marking will be located on the pool deck. You must have your race number to be marked.

PreRaceInstructionalMeeting–May14that6:30PM

Meeting is recommended for beginner triathletes. Meeting will be held at the YMCA and it will cover all the details of the race as well as a question and answer session.

ChampionchipTiming

This race will be timed using the ChampionChip timing method. All participants will be issued a ChampionChip timing chip on **race morning**. They can be worn with a neoprene Velcro strap if you own one or they can be worn with a medical ankle bracelet that will be provided for free at chip pickup. The chips are to be worn on the **LEFT ANKLE**. The ideal fit with the bracelet allows for a fingers width to fit between the bracelet and your leg. Timing chips will be distributed near Packet Pickup at the YMCA beginning at 6:00 AM on race morning. Lost chips result in a \$30 fee so be sure to snap the medical bracelet closed. At the finishing chute we will cut the bracelet off of your leg and remove the chip.

NOTE: You must show your run bib number in order to pick up your timing chip. All timing chips must be picked up by 7:45

RaceNumbers

You will be issued three numbers at packet pick-up:

- 1) The square number is your run number and must be displayed on the **FRONT** of your Body during the run segment of the race. Safety pins will be available at packet pick-up if you don't have a race number belt.
- 2) The medium sized number (actually containing your number twice) will need to be attached to your bike using the adhesive that is on them. Top tube or seat posts are both areas that you can attach this.
- 3) The little number – also has an adhesive backing to it. This number is attached to the front of your bike helmet.

RelayTeams

- ◆ Swimmers will tag cyclists at their designated bike rack location in the transition area
- ◆ Bikers must tag runners at the same location – your designated bike rack location in the transition area.

Results&Awards

Results will be posted near the finish line on the TrySports merchandise truck.
If you leave early, please arrange to have someone pick up your award. We will not mail out awards.

TransitionArea

- ◆ There will be two entrances to the transition area. One is for Swim Finish and Run Start, the other is for Bike Start and Bike Finish. If you have finished the race or if you have not started yet, please be careful when going in and out of this area. Give consideration to participants who are currently racing.
- ◆ Each rack will be assigned a range of numbers (i.e 1-6). Please find the bike rack that corresponds with your race number and rack your bike anywhere on that bike rack. Place your bike on the rack on the opposite side of the bike next to it This will allow for more space between bikes for placing your gear. Each rack accommodates six bikes - three bikes on one side and three bikes on the other side.
- ◆ No bike storage the night before the race.
- ◆ Participants only in the transition area.
- ◆ Only the race participant will be allowed to remove their bike and equipment
- ◆ Participants will not be allowed to mount bikes inside transition area. There will be a mount and dismount line just outside the transition area where athletes will get on or off their bikes.
- ◆ **The Transition Area closes at 8:00 please have all of your equipment in place before that time. Also be sure to not walk near or over the timing mats until you are actually racing.**

Swim

- ◆ Swim Diagram is located on the website..
- ◆ Swim start times will be posted on our website by 9:00 PM on Thursday, May 13.
- ◆ There will be NO changes to the swim start times.
- ◆ The pool will be open from 6:30 AM to 7:45 AM for warm up.
- ◆ Be prepared to line up for the swim start a minimum of 10 minutes before your specific starting time. Line up will be on the pool deck.
- ◆ Participants will go off individually in 15-second increments.
- ◆ When lining up for the swim – remember your specific swim start time
- ◆ Participants only in the pool area. .

Bike

- ◆ No drafting! If you are passed you must drop back at least 5 bike lengths to be legal. You may then make a pass if possible.
- ◆ Hard shell helmets must be worn and fastened before leaving the transition area.
- ◆ Stay to the right to allow faster cyclists to pass on the left.
- ◆ The Bike course is on the event page. There will be directional signs at every turn on the bike course. Look for these directional signs. They are orange with blue arrows. There will also be orange spray chalk with arrows showing you where to turn.
- ◆ Bike frame numbers that are provided must be attached to the top tube of the bike near the handle bars.
- ◆ Helmet numbers provided must be affixed to the front of your helmet.
- ◆ No headphones, earphones or any radio-type devices will be allowed.
- ◆ There are plenty of volunteers and police officers along the course but ultimately it is your responsibility to know the course.
- ◆ Stay safe. The course will be swept the day before and any road hazards will be marked. Be careful on some of the descents as they are fast and will require early braking.
- ◆ TrySports will be on site to provide bike tech support.

Run

- ◆ Run Course map is on the event page on the website.
- ◆ Stay to the right shoulder of the road unless instructed otherwise.

- ◆ The 5K course will be a point to point and finishes in a beautiful, shaded park. Please note the run **DOES NOT** finish at the YMCA. Although the run is point to point, there is also two loops involved. Please take a moment to look at the map on the event page. The course will be well marked. There will be directional signs at every turn on the run course. Look for these directional signs. They are blue with orange arrows. Orange spray chalk will also be used on the roads showing where to turn.
- ◆ Aid stations will be located at the beginning of the run and at the 1.5 mile mark.
- ◆ No headphones, earphones or any radio-type devices will be allowed.
- ◆ You must have your run number visible on the front of your body, as you cross the finish line. Failure to do so will result in a one minute penalty.