

# Tri to Cure Youth Triathlon

## Event Information:

**Arrival Time:** Arrive at the race site no later than 7:00 AM. **Race Start- 8AM**

**Parking:** Parking is available in the large lots in front of the Furman football stadium (near the Paladin statue). You may not park at any time front of the PAC building. Those spots are reserved for emergency personnel and handicapped persons. You will be given a ticket by campus security.

**Timing Chip Pick Up:** You must collect a timing chip for each child racing in the event. They must wear the chip on their left ankle using the neoprene strap or medical anklet given to them at timing chip pick up. Timing Chip pick up will take place near the Paladin statue adjacent to the transition area.

**Body Marking:** All participants must be body marked at the body marking area. This will be located near the transition area from 6-7:30AM.

### **Transition Area:**

- No bike storage the night before the race
- Participants only in the transition area during the race
- **Only Participants and One Parent may enter the transition area before the event**
- Numbered locations for your bike will be provided- Look for your numbered space. Bike racks will be available on a first come, first serve basis for those wishing to rack their bikes.
- Only the race participant will be allowed to remove his/her bike from the TA
- Participants will not be allowed to mount their bikes in the TA-and will be made to dismount at the TA entrance following the bike portion of the event.

### **Swim:**

- Athletes ages 11-15 (on the day of the event) will begin the swim first doing 200 yards in the pool. Please review the course maps to insure your child knows the layout of the swim.
- Athletes ages 5-10 (on the day of the event) will begin the swim after the 11-15 year olds have cleared the pool and complete the 100 yard course. Please review the course maps to insure your child knows the layout of the swim.
- **NO PARENTS WILL BE ALLOWED ON THE POOL DECK AT ANY TIME DURING THE EVENT.** The overlook area adjacent to the pool has been removed after construction to the pool. Thus, parents will not be able to watch the swim. PLEASE respect this policy to insure the swim start goes as smoothly as possible.
- Floatation devices are not allowed during the swim.
- The race director reserves the right to deem any participant medically unfit to continue at any time

## **Bike:**

- Bike course maps are available in your race packets and on the Set Up Events web page
- Hard shell helmets must be worn and chin strap fastened anytime you are on your bike. This applies to before and after the race. You can be disqualified for riding without a helmet.
- Shoes must be worn at all times during while riding your bike
- **ALL CYCLISTS SHOULD STAY TO THE RIGHT AND ALLOW FASTER CYCLISTS TO PASS ON THE LEFT**
- All cyclists must dismount at the designated dismount point. There is one location on the bike course where participants must get off their bike and walk/run their bikes over a mulch path. We will have volunteers to help direct in this area and for assistance.
- Bike frame numbers will be provided and must be affixed to each bike.
- No headphones, IPOD, MP3 or headphones or any radio devices are allowed on the bike course
- There are plenty of volunteers and traffic control will be provided on the course but the course is not closed to traffic, please be aware
- Corners will contain a bright orange sign with blue arrows for directions. Volunteers will assist with corners and direction changes.

## **Run:**

- You must wear the race number that is provided ON YOUR FRONT
- Water stations: One at the beginning of the run and one more on the course- you are never more than ¼ mile from an aid station.
- No headphones, IPOD, MP3, or earphones are to be used on the course
- You must wear shoes on the run course
- The race director reserves the right to deem any participant medically unfit to continue at any time
- NOTE: 5-10 year olds do only 1 Lap of the course.
- 11-15 year olds must complete 2 LAPS of the course before crossing the finish line.

## **Awards:**

Each participant will receive a finisher's medal. The award presentation will begin immediately following the last finisher. You must be present to collect your award as they will not be mailed to you.

**Results:** Results will be posted after the awards ceremony. Complete results including "splits" will be posted on the internet by the Sunday following the race on [www.setupevents.com](http://www.setupevents.com). Follow the tab to "Other events" and the date listing for Tri to Cure.

**It is the participants' responsibility to know the course. The race director reserves the right to stop, postpone, or cancel the race due to inclement weather.**

**Thank you for your support, Be great out there!!  
You truly are making a difference for a cure!**