



**ENKA TRIATHLON**  
*At Biltmore Lake*  
750 METER SWIM • 17.5 MILE BIKE • 5K RUN

**DIRECTIONS TO ENKA TRIATHLON  
BILTMORE LAKE COMMUNITY**

**From Hickory and points East**

- I-40 West to Asheville
- Exit 44 on to Highway 19/23 West
- Right off interstate exit – Go 1.5 miles to the 4<sup>th</sup> traffic light
- Left on Sand Hill Road

**From Greenville, SC and points South**

- I-26 West to Asheville and I-40 West
- I-40 West to Exit 44 (Highway 19/23 West)
- Right off interstate exit – Go 1.5 miles to the 4<sup>th</sup> traffic light
- Left on Sand Hill Road

**From Atlanta, GA**

- I-85 North
- I-26 West to Asheville and I-40 West
- I-40 West to Exit 44 (Highway 19/23 West)
- Right off interstate exit – Go 1.5 miles to the 4<sup>th</sup> traffic light
- Left on Sand Hill Road

**From Knoxville, TN and points West**

- I-40 East into North Carolina and to Asheville
- Exit 44 on to Highway 19/23 West
- Right off interstate exit – Go 1.4 miles to the 3<sup>rd</sup> traffic light
- Left on Sand Hill Road

### **From Johnson City, TN and points North**

- I-26 East into North Carolina and to Asheville
- I-240 West
- I-40 West
- Exit 44 on to Highway 19/23 West
- Right off interstate exit – Go 1.5 miles to the 4<sup>th</sup> traffic light
- Left on Sand Hill Road

### **Once on Sand Hill Road**

Proceed through traffic light at Enka Lake Road to parking lot on the left at the next traffic light. Volunteers will direct you where to park. The race site is ¼ mile away on Lake Drive.

**There will be no bike drop-off, pick-up or parking on Lake Drive on the day of the race.** Temporary parking will be permitted on Friday from 4:00-7:00 p.m. for Packet Pick Up.