

# Patriots Sprint and International Event Details



**Start Time:** 7AM (Sprint) / 8AM (International) Arrive at least 1 hour before your race begins

**Packet Pick-Up:** Saturday: 4-7 PM at the event site  
2217 Jamestown Road – Williamsburg, VA 23185  
Sunday: Sprint - 5:30 AM – 6:30AM at the event site  
International – 6:30 AM – 7:30 AM at the event site

**NOTE: YOUR Photo ID is required to pick up your race packet. If you are a USAT member you are required to show a current USAT license to get your race packet. All relay team members must pick up their own race packet. Those without a photo ID will have to go home to get it or they will not be allowed to race this event. No refunds will be issued if you forget your ID.**

**\*NO ID-NO RACE-NO EXCEPTIONS\***

**Race Start:** The race will start at the beach adjacent to the Jamestown Ferry. It is a short walk from the transition area

**Parking:** All participants will park in the grass at Anniversary Park. Do not park across the street at the Settlement. Our parking volunteers will direct you where to park once you enter the event site.

**Body Marking:** All participants must be body marked. This will take place adjacent to the transition area starting at 5:30AM

**Pre-Race Instructions/Meeting:** An in depth discussion regarding this event will take place on Saturday at 5PM and 6PM at the race site. There will be ample opportunity for Q&A at these meetings. There will be brief instructions given at 6:45/7:45AM at the swim start.

**ChampionChip Timing:** This race will be timed using the ChampionChip timing method. Please make sure you read the ChampionChip timing instruction sheet (page 3 of this packet). All participants will be issued a ChampionChip timing chip on race morning. Chips will be distributed on race morning at the tent adjacent to the Finish Line.

**\* You are required to bring your running bib number with you in order to pick up your timing chip \***

**\* Once the race has started DO NOT cross the timing mats on the course UNLESS you are racing \***

**\* If you do not return your chip for whatever reason you will be billed \$30, the replacement cost of the chip.\***

## Transition Area:

**NOTE:** The transition area will close for check-in at 6:40/7:40 AM.

- ◆ The transition area is located alongside the driveway to the Vermillion House across from the Jamestown Settlement.
- ◆ Find your numbered bike rack and place your bike on the rack, 3 bikes per side. This works best when people alternate sides.
- ◆ No glass containers inside the transition area, No bike storage the night before the race, No non-racers in the TA (ie family/friends)
- ◆ Only the race participant will be allowed to remove his/her bike from the transition area.
- ◆ This is a flow through transition area – Bike Start and Run Start are on the side closest to the road, Swim finish and Bike finish are on the side closest to the Vermillion house.

## Swim:

- ◆ The swim course map can be found online – Note – We will be starting adjacent to the ferry – buoys will be on your right
- ◆ The water temperature will be posted on the website on Thursday evening. We will follow USAT rules regarding wetsuits.
- ◆ The swim course is a rectangular shaped **1 loop course**. The buoys will be on your RIGHT at all times, turn at the yellow buoys.
- ◆ If for any reason you are having difficulty, roll on to your back and wave a hand in the air. A boat will come by to assist you.
- ◆ You will not be DQ'd if you hang on a boat to rest. If you get on the boat, we are required to bring you in.
- ◆ This is a wave start swim, make sure you start with your correct wave.
- ◆ The water is shallow in the beginning, we have a point marked where you must start swimming if you want to keep racing...
- ◆ FYI - It is a hike from swim finish to the transition area so your T1 time will be long.
- ◆ Swim waves will be posted at packet pick up

## Bike:

- ◆ The bike course map can be found on the website
- ◆ You will start the bike going out the driveway in front of the finish line
- ◆ You will finish the bike by turning right into the area that you park in and making your way to the back side of the transition area
- ◆ No drafting! Draft Marshals will be on the course and drafting will be enforced!
- ◆ The course will be marked with orange spray chalk arrows with red and white VTS directional signs at all turns.
- ◆ Miles will be marked in 5 mile increments on the course in orange spray chalk by Friday at noon.
- ◆ Hard shell helmets must be worn and must be fastened before leaving the transition area.
- ◆ Stay to the right to allow faster cyclists to pass on the left.
- ◆ Bike frame numbers that are provided must be attached to the top tube of the bike near the handlebars.
- ◆ Helmet numbers provided must be affixed to the front of your helmet.
- ◆ No headphones, earphones or any radio-type devices will be allowed.

### ◆ **Bike Continued...**

- ◆ Police will be positioned at the appropriate corners to control traffic.
- ◆ Volunteers will be at all corners wearing orange vests and holding orange flags to direct you
- ◆ It is ultimately your responsibility to know the course (ie; drive it beforehand!!!)
- ◆ This bike course will be open to traffic – BE ALERT and BE CAREFUL!
- ◆ SPRINT BIKE: Approximately ¼ mile before the Chicahominy River you will turn hard right onto a bike path. You will exit this path in Chicahominy Riverfront park where you will make 2 quick lefts to return on Route 5 to the bike finish.
- ◆ INTERNATIONAL BIKE: You will go right on by Chicahominy Park into Charles City County. There will be a left turn off of Rt. 5. The turnaround at mile 12 will be in the middle of the road and monitored by a police officer and a volunteer. Make sure you get here.
- ◆ KNOW THE COURSE – It is your responsibility to know the course. I highly recommend driving or riding it at some point prior.

### **Run:**

- If you hadn't heard, the run course has completely changed from years past – the new run course map is online.
- These are out and back courses on an asphalt bike path. There is a lot of shade on this course.
- There are a couple of road crossings where police will stop traffic for you.
- ◆ Aid stations will be located at the beginning of the run as well as every mile (or less) for the entire course.
- ◆ Aid stations will have ice, water, and HEED for you
- ◆ No headphones, earphones or any radio-type devices will be allowed. It's a safety thing for which you will get DQ'd.

### **Relay Teams:**

- ◆ Swimmers exchange chips with the bikers at their designated bike rack location in the transition area.
- ◆ Bikers exchange chips with runners at the same location – your designated bike rack location in the transition area.

### **Results & Awards:**

The awards ceremony for the Sprint will take place around 10AM in front of the Vermillion House.

The awards ceremony for the International will take place around 11:30PM in front of the Vermillion House.

Preliminary results will be posted beginning around 8:30AM and updated periodically throughout the day.

The final results with splits will be posted on the website by Monday evening at the latest.

Awards will not be mailed out. They are made of glass. If you can't stick around, have a friend pick it up for you.

**Thanks for racing.**



# ***ChampionChip Sports Timing System***

## **PLEASE READ CAREFULLY!!!!**

This event will be timed using the CHAMPIONCHIP Electronic Timing system. Please be advised of the following procedures.

***You will receive your ChampionChip on Race Morning at the Chip Pick-Up Tent***

You will receive the ChampionChip along with a disposable medical ankle strap. (NOTE: relay teams will receive a neoprene ankle strap that allows for transfer from swimmer to biker and biker to runner). You may purchase a neoprene band to use at all Championchip events when you collect your timing chip.

### **RACING!!!!**

**\*You must be wearing the ChampionChip strapped to your LEFT ankle or YOU WILL NOT BE TIMED.**



#### **Wearing the Chip:**

1. Thread the medical strap through the timing chip
2. Place the strap around your LEFT ankle
3. Insert TWO (2) fingers between the medical strap and your ankle (to prevent the strap from being too tight)
4. Fasten the medical strap SECURELY.
5. Double check that you fastened strap securely, if you lose the chip you'll owe use \$30.

**MAKE CERTAIN YOU SNAP THE SNAP FULLY UNTIL IT LOCKS INTO PLACE!!!!**

**REMEMBER, YOU MUST RETURN YOUR CHIP AT THE FINISH LINE. YOU CANNOT USE THIS CHIP AT OTHER RACES**

**IF YOU ARE NOT ABLE TO FINISH ANY LEG OF THE RACE YOU MUST TURN IN YOUR TIMING CHIP BEFORE CROSSING OVER ANY ADDITIONAL TIMING MATS. IN THIS EVENT TAKE YOUR TIMING CHIP TO THE TIMING CHIP COLLECTION AREA NEAR THE FINISH LINE AND INFORM THEM OF YOUR DECISION.**

***You will be assessed a \$30 charge for your chip if not returned***

***YOU ARE RESPONSIBLE FOR THE  
\*\*\*RETURN OF YOUR CHIP\*\*\*  
THANKS AND HAVE FUN!!***