

Clarks Hill
Lake

HICKORY KNOB
STATE PARK

SUMTER
NATIONAL
FOREST

Short steep climb along
sidewalk system to the
Transition Area

TA

Swim to Bike
Transition

Campground

Swim Start/Finish
at Boat Dock

International Course = 1500 meters
Sprint Course = 500 meters

Sprint Distance: Turn at Yellow Buoys
International Distance: Turn at Triangular Buoys

0 380 760
Meters



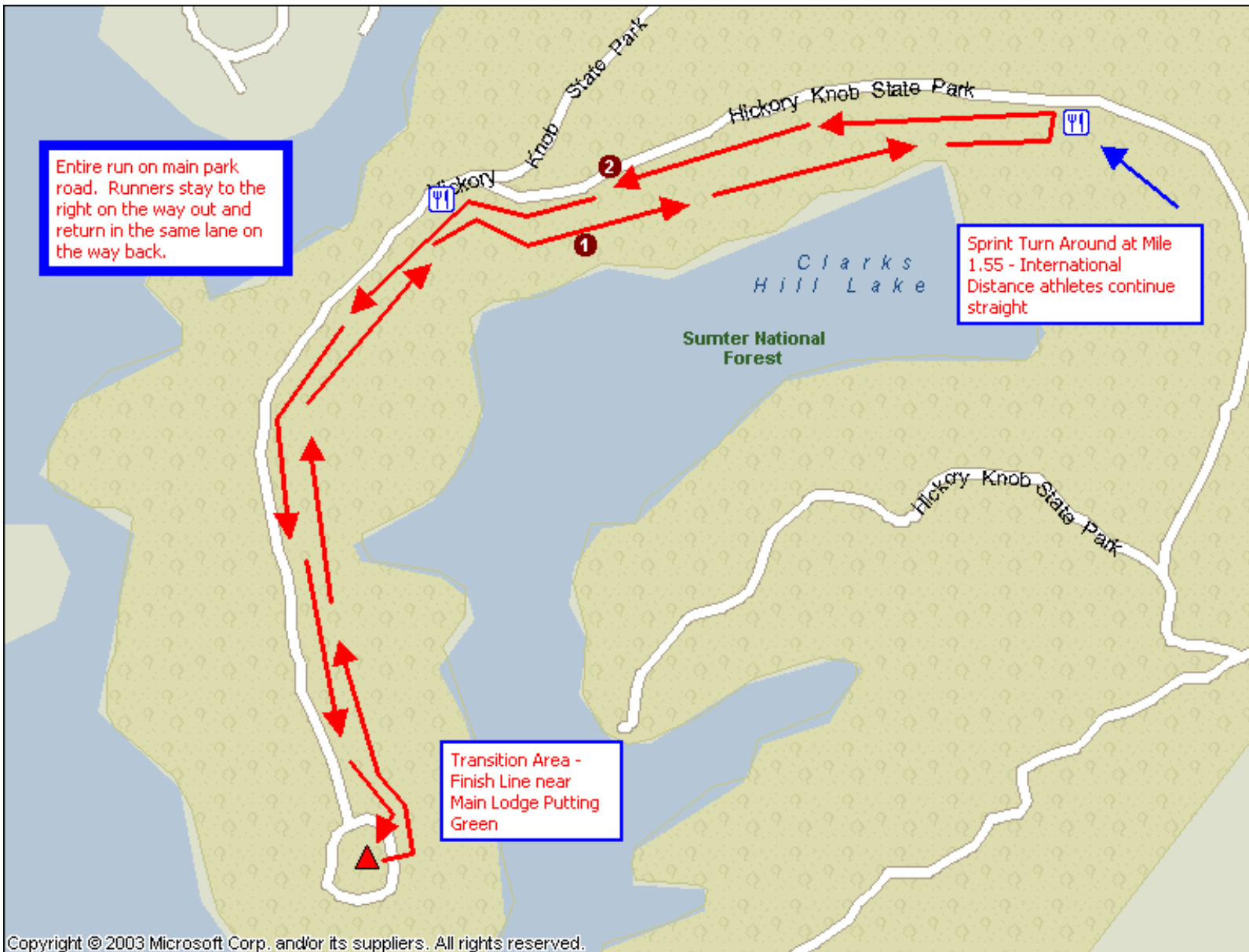
Hickory Knob Triathlon Swim Course

HICKORY KNOB SPRINT TRIATHLON Bike Course (10 miles)



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HICKORY KNOB SPRINT TRIATHLON Run Course (5K)



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