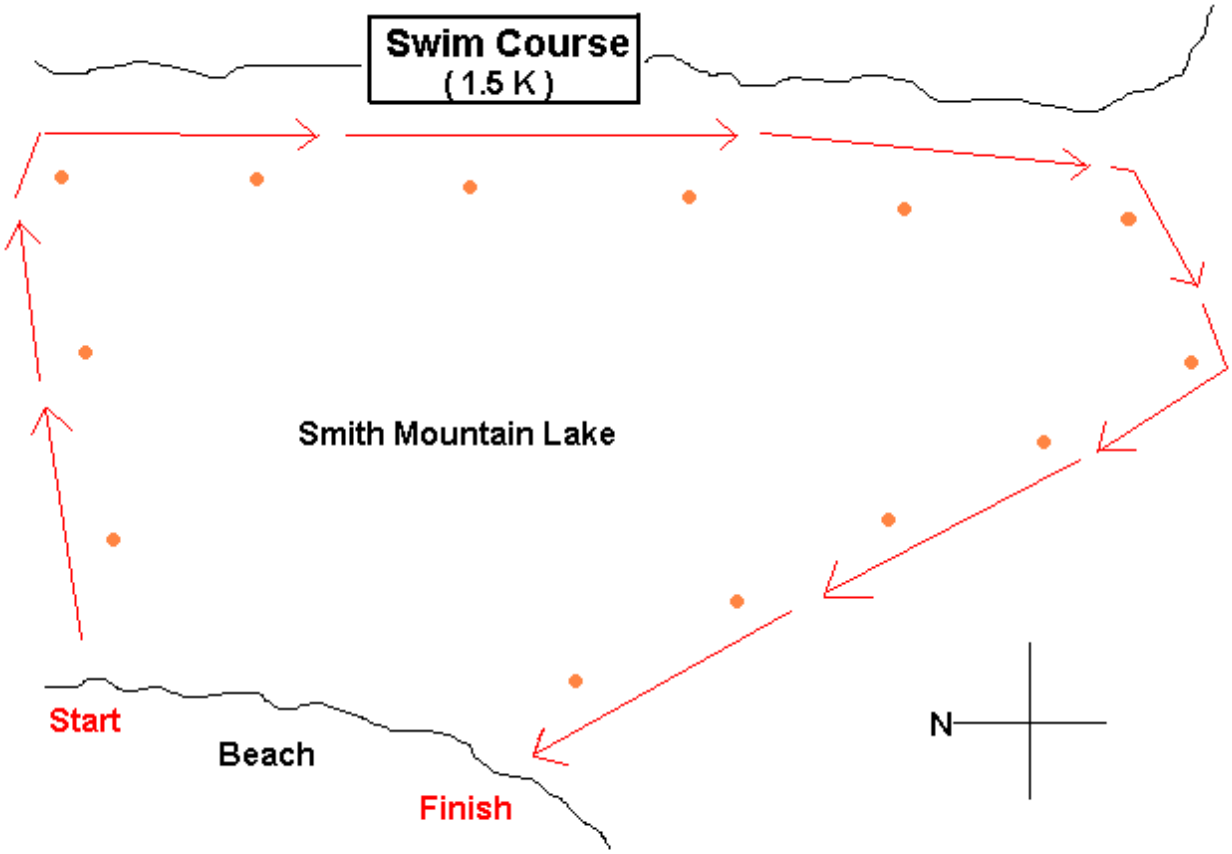
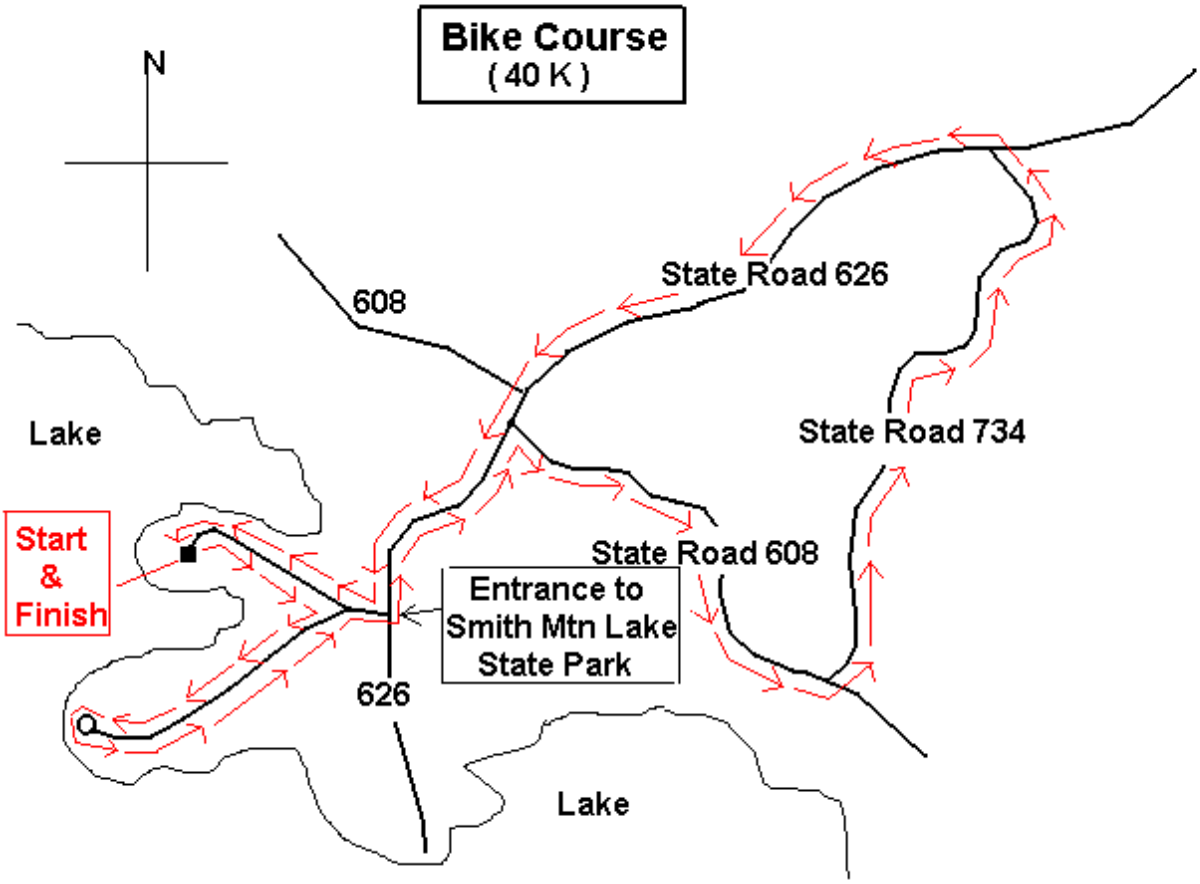
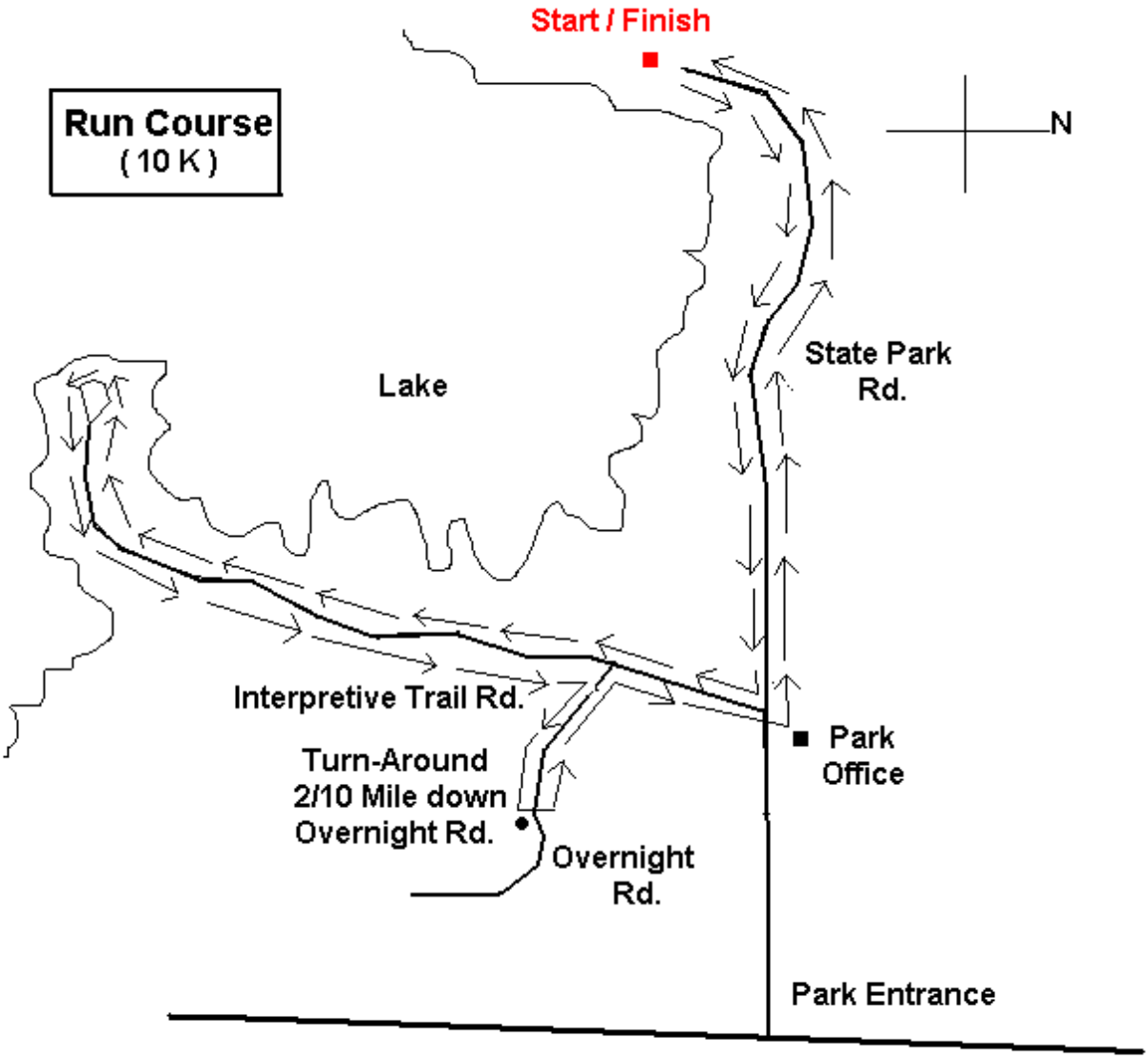

Swim Course
(1.5 K)
Smith Mountain Lake
Start
Beach
Finish
N


Bike Course
(40 K)
N
608
State Road 626
Lake
State Road 734
Start
&
Finish
State Road 608
Entrance to
Smith Mtn Lake
State Park
626
Lake


Start / Finish
Run Course
(10 K)
N
State Park
Rd.
Lake
Interpretive Trail Rd.
Park
Office
Turn-Around
2/10 Mile down
Overnight Rd.
Overnight
Rd.
Park Entrance