



LAKE LOGAN SPRINT
BIKE COURSE

LAKE LOGAN - EVENT SITE
154 Suncrest Mill Rd
Canton, NC 28716

LAKE LOGAN SPRINT TRIATHLON BIKE COURSE CUE SHEET

- Right out of transition onto Lake Logan Road (Hwy. 215)
- Right at fork onto Love Joy Road (Hwy. 110)
- Left at traffic light on Hwy. 276
- Left at Lake Logan Road
- Left into transition

LAKE LOGAN SPRINT
RUN COURSE

RUNNERS WILL STAY TO THE
LEFT RUNNING "INTO
TRAFFIC" AT ALL TIMES
WHILE ON THE RUN COURSE

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LAKE LOGAN ROAD

TURN AROUND AT MILE 1.5

