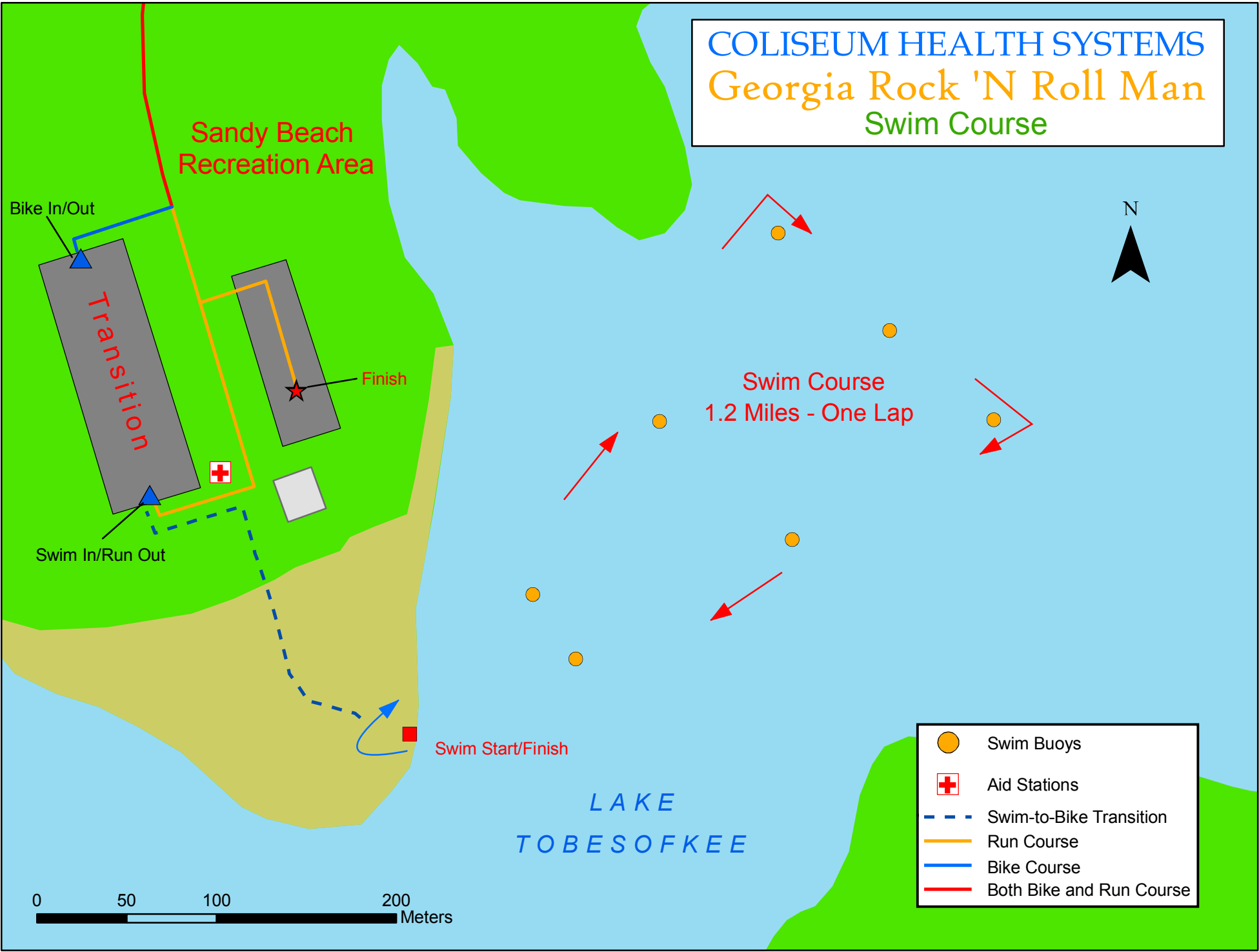








COLISEUM HEALTH SYSTEMS Georgia Rock 'N Roll Man Swim Course



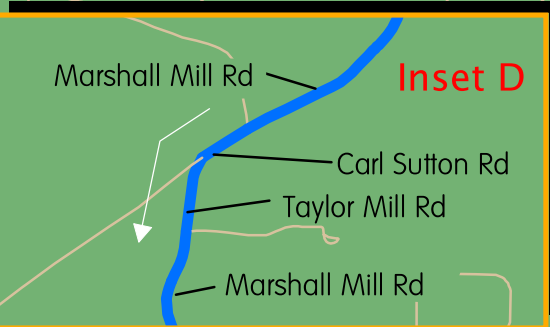
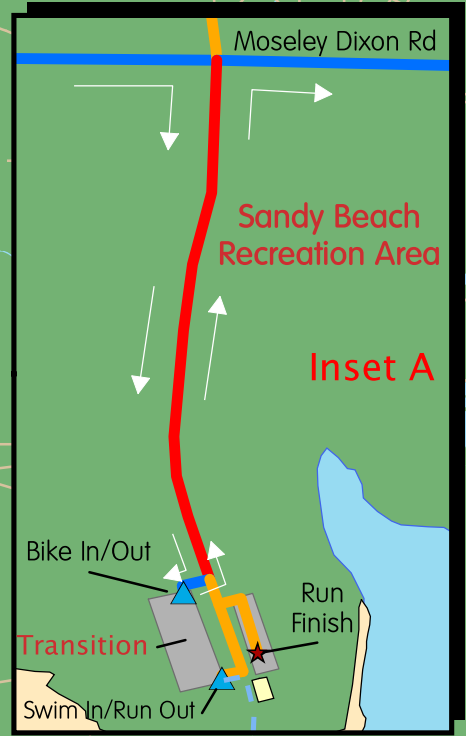
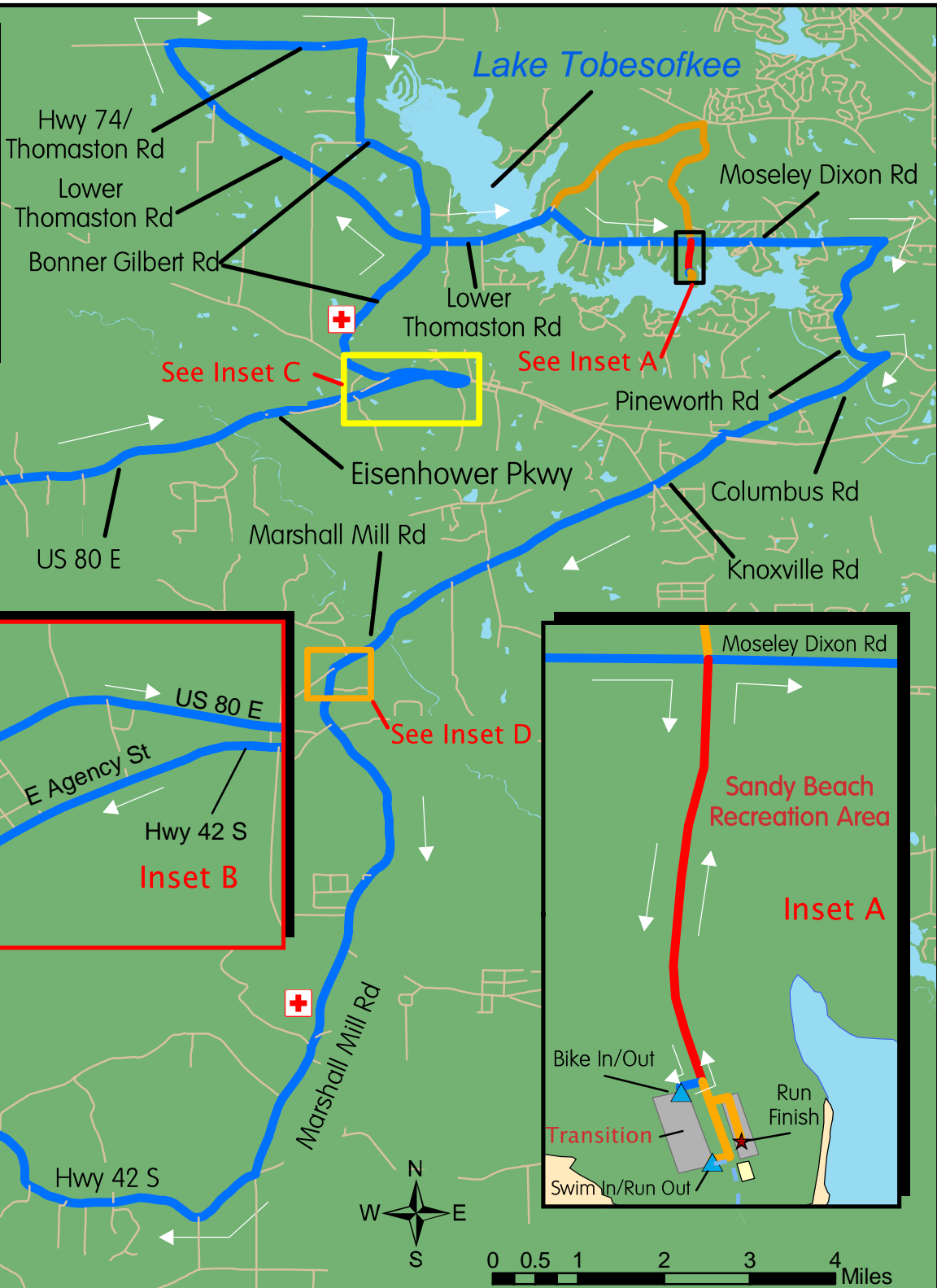
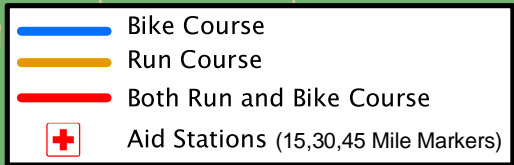
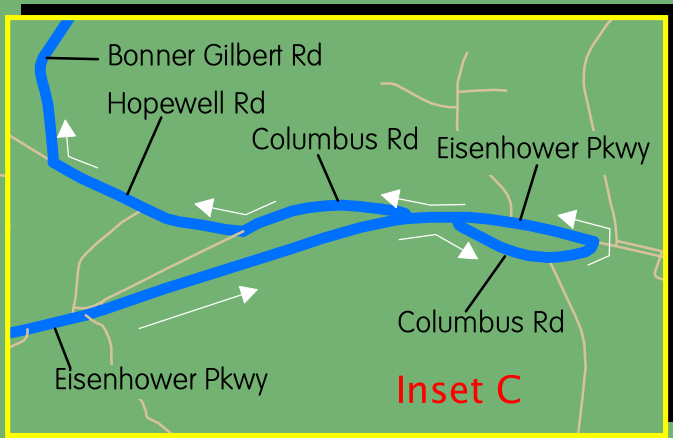
0 50 100 200 Meters

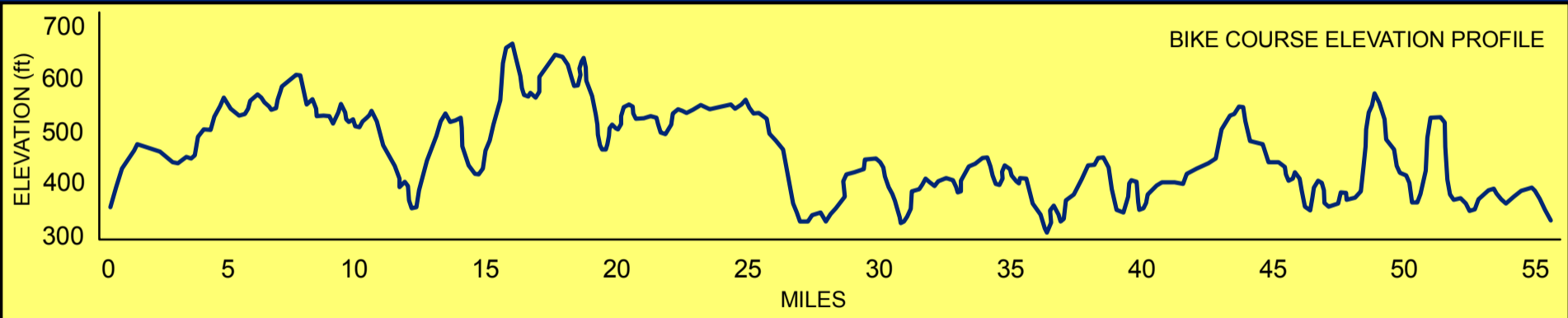
-  Swim Buoys
-  Aid Stations
-  Swim-to-Bike Transition
-  Run Course
-  Bike Course
-  Both Bike and Run Course

COLISEUM HEALTH SYSTEM'S

Georgia Rock 'N Roll Man

Bike Course - 55 Miles





COLISEUM HEALTH SYSTEMS Georgia Rock 'N Roll Man Run Course - 13.1 miles

One lane of Lamar and Lower Thomaston Roads will be closed to traffic. Runners will stay within the cones on these roads, staying to the right at all times.
Aid stations will be positioned at each mile mark

